

Coddenham Village Store
School Road
Suffolk
IP6 9PS



Telephone 01449 760313

E-mail coddenhamshop@outlook.com

Website <https://www.coddenham-parish.uk/community-shop/>

CODDENHAM
COMMUNITY SHOP

AUGUST 2020

INCLUDES NEW PRODUCTS ADDED DURING JULY

Shop Opening hours:

Monday - Friday 8am - 4pm

Saturday 8am - 2pm

OPEN BANK HOLIDAY MONDAY 31ST AUGUST 10-2

You are able to place an order for collection or local delivery. Times may vary, volunteer dependant.

The shop will be open for customers to come in or pay at the side door during all opening hours.

Social distancing rules will apply. Only 2 customers in the shop at one time, so please check before entering.

Please feel free to ask about any meat, bakery bread, cheese, fruit and vegetables. If you do not see a product you require on our list, please ask as much more is available to order in specifically for you

A stock will be available in store, but as this is not guaranteed, we would like to politely ask you to order in advance where possible to avoid disappointment. See page 3 for ordering details.

Payments can be made for pre orders over the telephone by credit/debit card and contactless will be our preferred method for in store/door payments, thank you.

Hot and cold drinks, homemade rolls and cakes and a new range of wrapped snacks and ice lollies are now available to take away.

Katie's Garden plants are available outside the shop, subject to availability.

Dry Cleaning service is now available Friday mornings only. Please bring your items by close of business Thursday's to avoid missing collection.

Out reach Post Office Friday's 9am-12pm only. Stamps always available.

ORDER & DELIVERY INFORMATION

| <u>PRODUCT</u> | <u>SUPPLIER</u> | <u>ORDER BY</u> | <u>FOR DELIVERY</u> |
|----------------------------------------|------------------|---------------------------------------------------------|-------------------------------|
| Meat | Palfrey & Hall | 2pm Saturday 4pm Tuesday | Wednesday Friday |
| Cheese/Deli | Hamish Johnston | 2pm Saturday | Wednesday |
| Dairy | Foulgers | 12 noon Saturday 12 noon Tuesday 12 noon Thursday | Monday Wednesday Friday |
| Bakery | The Bakehouse | 10am | Daily |
| Fruit, Veg, Sliced Bread, Butter | Foskers | 4pm Mon-Fri 2pm Sat | Daily |
| Flowers | Foskers | 12 noon Monday | Wednesday |
| Newspapers | Suffolk News | 4pm Mon-Fri 2pm Sat | Mon-Sat |
| Cakes | Wheaten Mill | 12 noon Saturday | Wednesday |
| Fish | Mayes Fishmonger | 2pm Saturday | Wednesday |

All other products are available to preorder. Please speak to a member of staff for details and shop delivery dates.

| | <u>Size</u> | <u>Price</u> | | <u>Size</u> | <u>Price</u> |
|-----------------------------------|-------------|--------------|--------------------------|-------------|--------------|
| <u>BAKERY FOR ORDERING</u> | | | | | |
| White Farmhouse | Large | 2.55 | Wholemeal Sandwich | Large | 2.65 |
| White Farmhouse | Small | 1.55 | Wholemeal Seeded | Small | 1.95 |
| White Bloomer | Large | 2.60 | White Sliced | Large | 1.65 |
| White Bloomer | Small | 1.60 | Wholemeal Sliced | Large | 1.65 |
| White Seeded Bloomer | Small | 1.95 | Baps | 4 pk | 2.40 |
| White French Stick | Small | 1.30 | Finger Rolls | 4 pk | 1.60 |
| White French Stick | Large | 1.80 | Cheese Straws | 1 pk | 1.85 |
| Granary | Large | 2.75 | Belgian Buns | 2 | 2.10 |
| Granary | Small | 1.75 | Doughnuts | 2 | 1.60 |
| Granary Bloomer | Large | 2.75 | Pies individual | 1 | 1.90 |
| Granary Bloomer | Small | 1.75 | Quiche 7" | 1 | 2.80 |
| Granary French Stick | Small | 1.30 | Sausage Roll | 2 | 2.10 |
| Wholemeal | Large | 2.65 | Scones - Fruit or Cheese | 2 | 1.50 |
| Wholemeal | Small | 1.65 | | | |

Much more available, please ask when ordering

BREAD PRODUCTS

| | | | | | |
|--------------------------------|--------|------|------------------------------|------|------|
| Currymate Plain Naan | 240g | 1.00 | Les Brioches Pan Au Chocolat | 6 | 1.69 |
| DTC Part Baked Baguette | 2x150g | 0.85 | Mr Organic Flatbread | 150g | 2.69 |
| DTC Part Baked Petit Pains | 4x75g | 0.85 | McVities Toasting Waffles | 8 | 1.49 |
| Eghoyans White Pitta Bread | 6 | 0.79 | Sharwoods Plain Poppodums | 12 | 1.15 |
| Eghoyans Wholemeal Pitta Bread | 6 | 0.79 | Warburtons Crumpets | 6 | 0.89 |
| Gran Forno Breadsticks | 125g | 0.95 | | | |

CHEESE/DELI

| | | | | | |
|---------------------------------|------------|-----------|-----------------------------------------|--------|------|
| Beltons Double Gloucester | | | Feta | 200g | 2.85 |
| Beltons Red Leicester | | | Godminster Vintage Round | 200g | 5.65 |
| Binham Blue | | | Halloumi | 240g | 3.50 |
| Brie 60% | | | Mascapone | 500g | 3.99 |
| Brie Suffolk | | | Mini Mozzarella balls- Caseificio Villa | 150g | 1.85 |
| Cambozola | | | Mozzerella di Bufala | 125g | 2.10 |
| Cheddar Extra Mature | | | Norfolk White Lady | 200g | 5.50 |
| Cheddar Mature | | | Parmigiano Reggiano | 200g | 6.35 |
| Comte | | | Petit Camembert | 150g | 3.84 |
| Cote Hill Blue | | | Rosary Goats | 100g | 2.45 |
| Cropwell Bishop Shropshire Blue | | | Ricotta- Caseificio Villa | 250g | 1.60 |
| Gouda | | | Snowdonia Red Devil Chilli | 200g | 4.15 |
| Jarlsberg | | | Snowdonia Smoked | 100g | 4.45 |
| Lincolnshire Poacher Vintage | | | Snowdonia Black Bomber | 200g | 4.45 |
| Norfolk Mini Mardler | | | St Jude | 200g | 5.35 |
| Norfolk Smoked Dapple | | | Violife Mature Sliced Vegan | 480g | 5.25 |
| Suffolk Blue | | | Charcuti Chirizo | 225g | 3.10 |
| Suffolk Gold | | | German Pepper Salami | 90g | 1.09 |
| Wensleydale with Cranberries | | | Parma Ham | 120g | 3.99 |
| White Stilton with Apricots | | | Pepperoni | 90g | 1.00 |
| Baron Bigod | 1 kg 23.20 | 250g 6.90 | Prosciutto | 200g | 5.95 |
| Camembert Joyeux | | 250g 3.35 | Sliced Smoked Pancetta | 2x250g | 5.95 |

Much more available, please ask when ordering

EGGS

| | | | | | |
|-----------------------------|---|------|--|--|--|
| Local Gate Farm Eggs- Large | 6 | 1.50 | | | |
|-----------------------------|---|------|--|--|--|

| | <u>Size</u> | <u>Price</u> | | <u>Size</u> | <u>Price</u> |
|------------------------------|-------------|--------------|-------------------------|-------------|--------------|
| <u>BUTTER/SPREADS</u> | | | | | |
| Bertolli Spread | 250g | 1.89 | Stork block | 250g | 1.25 |
| Countrylife Butter Salted | 250g | 1.30 | Trex Fat Block | 250g | 0.99 |
| Countrylife Butter Unsalted | 250g | 1.30 | Utterly Butterly | 500g | 1.89 |
| Flora Dairy Free Spread | 500g | 2.19 | Bungay Raw Butter Round | 200g | 4.99 |
| Primula Garlic & Herb Dip | 170g | 1.39 | | | |

MILK/CREAM/YOGHURTS

| | | | | | |
|----------------------------------|---------|------|------------------------------------------|------------|------|
| Whole/Semi/Skimmed | 1 ltr | 1.00 | Double Cream | 284ml | 1.85 |
| Whole/Semi/Skimmed | 2 ltr | 2.00 | Single Cream | 284ml | 1.25 |
| Clotted Cream Roddas | 113g | 1.49 | Creme Fraiche | 200g | 1.60 |
| Cravendale Semi | 1.3 ltr | 1.29 | Foulgers Tims Yogurts - Various flavours | 125g | 0.65 |
| Oat/Soya/Almond Sweet/Unsweet | 1 ltr | 2.00 | Yogurt Greek | 500g | 1.95 |
| Goats Whole or Semi | 1 ltr | 2.50 | Yogurt Natural Low Fat | 500g | 1.95 |
| HS British UHT Milk Semi Skimmed | 1 ltr | 1.19 | Yogurt Muller Corner Multipack | 6x130g | 3.00 |
| HS British UHT Milk Skimmed | 1ltr | 1.15 | DTC Yogurt Apr & Mango | 3 for 1.20 | 150g |
| Marvel Milk Powder | 175g | 2.49 | DTC Yogurt Cherry | 3 for 1.20 | 150g |
| DTC Dairy Spray Cream | 250g | 1.55 | DTC Yogurt Raspberry | 3 for 1.20 | 150g |
| Double Cream | 142ml | 1.05 | DTC Yogurt Strawberry | 3 for 1.20 | 150g |

MEAT - PALFREY & HALL

| | <u>Per Kilo</u> | | <u>Per Kilo</u> |
|----------------------|-----------------|--------------------------|-----------------|
| Minced Steak | 10.27 | Lamb Mince | 10.53 |
| Diced Stewing Steak | 11.34 | Lamb Koftas | 10.95 |
| Fillet Steak | 50.05 | Rack of Lamb | 19.27 |
| Rib Eye Steak | 28.28 | Baby Back Ribs | 5.53 |
| Topside | 12.92 | Chinese Style King Ribs | 7.93 |
| Silverside | 11.32 | Chicken Grade A | 4.89 |
| Meatballs | 8.74 | Chicken Fillets Skinless | 12.45 |
| Coddenham Sausages | 8.25 | Chicken Fillets Skin On | 12.31 |
| Coddenham Chipolatas | 9.99 | Chicken Thighs Boneless | 7.66 |
| Sausage Meat | 7.50 | Smoked Ham Sliced | 17.06 |
| Pork Chops | 8.37 | Chicken Kebabs | 9.96 |
| Pork Medallions | 11.41 | Pork Belly | 8.78 |
| Pork Shoulder | 8.13 | Smoked Back Bacon | 14.86 |
| Pigs Liver | 5.01 | Unsmoked Back Bacon | 14.59 |
| Lambs Liver | 8.44 | Smoked Streaky Bacon | 14.86 |
| Lamb Loin Chops | 15.67 | Suffolk Black Back Bacon | 16.58 |
| Lamb Diced | 17.55 | Gammon Steak | 10.80 |
| Beef Steak Burgers | 10.74 | Pork & Apple burgers | 8.23 |

Much more available, please ask when ordering

CHILLED FOOD

| | <u>Size</u> | <u>RRP</u> | | <u>Size</u> | <u>RRP</u> |
|---------------------------------------|-------------|------------|-------------------------------------------|-------------|------------|
| Cheesestrings Original | 20g | 0.39 | Hollybush Farm Pasty - Traditonal Suffolk | | 1.50 |
| Delphi Black/Green Pitted Olives | 240g | 1.79 | Hollybush Farm Pork Pie | Small | 1.50 |
| Don Gastronom Duck Pate | 100 | 2.15 | Hollybush Farm Pork Pie - Cheese & Pickle | Small | 1.50 |
| Don Gastronom Venison Pate with Win | 100g | 2.15 | Hollybush Farm Pork Pie - Onion Marmalade | Small | 1.50 |
| Don Gastronom Wild Boar & Mushroom | 100g | 2.15 | Hollybush Farm Sweet Chilli Pork Slice | 1 Slice | 2.40 |
| Epicure Venison Pate with Red Wine | 180g | 1.99 | Hollybush Farm Quiche Lorraine | Small | 2.10 |
| HBF Beef & Red Wine Pie | Small | 1.90 | Hollybush Farm Sausage Roll | 1 | 1.00 |
| HBF Chicken, Ham & Leek Pie | Small | 1.90 | Hummus Dip | 270g | 1.00 |
| Hollybush Farm Pasty - Cheese & Onion | | 1.50 | | | |

| | <u>Size</u> | <u>Price</u> | | <u>Size</u> | <u>Price</u> |
|------------------------------|-------------|--------------|--------------------------|-------------|--------------|
| <u>MAYES FISHERY</u> | | | | | |
| Chicken Pate | 1 | 2.20 | Mushroom Pate Roasted CM | 1 | 2.20 |
| Crab Terrine Luxury pate CM | 1 | 2.20 | Salmon Pate Smoked CM | 1 | 2.20 |
| Duck Pate Scottish Smoked CM | 1 | 2.20 | Salmon Hot Smoked | 150g | 5.00 |
| Craigellachie smoked salmon | 125g | 5.00 | Smoked mackerel portions | 2 | 2.99 |

Fish may be ordered subject to availability. Frozen fish & prawns also available in frozen section.

FROZEN FOODS

| | | | | | |
|---------------------------------|-------|------|-------------------------------------------|-------|------|
| Admirals Pie Youngs | 300g | 1.59 | Jus Rol Shortcrust Pastry | 500g | 1.69 |
| Alder Tree Ice Cream - Various | 125ml | 1.40 | Kershaws Beef Dinner | 400g | 1.89 |
| Alder Tree Ice Cream - Various | 500ml | 3.99 | Kershaws Big Breakfast | 400g | 1.89 |
| Aunt Bessie Apple Crumble | 240g | 1.00 | Kershaws Chicken Dinner | 400g | 1.89 |
| Aunt Bessie Roly Poly | 300g | 1.69 | Kershaws Liver & Onion Dinner | 400g | 1.89 |
| Aunt Bessie Yorkshire Puddings | 220g | 1.85 | Kershaws Steaklet & Chips Dinner | 360g | 1.89 |
| Birds Eye Beef Burgers | 227g | 1.99 | Linda McCartney Vegetarian Sausages | 270g | 1.99 |
| Birds Eye Beef Lasagne | 400g | 1.99 | McCains French Fries | 750g | 2.50 |
| Birds Eye Cod in Batter | 200g | 2.49 | McCains Hash Browns | 575g | 1.99 |
| Birds Eye Fish Fingers Omega 10 | 280g | 2.75 | McCain Jacket Potatoes | 800g | 2.70 |
| CW Chocolate Fudge Cake | 450g | 2.29 | McCains Oven Chips | 825g | 2.50 |
| Cheesecake Strawberry | 485g | 1.99 | Mayes Fisheries Peeled Prawns | 1 | 4.99 |
| Cornetto Classic | 120ml | 1.40 | Mayes Fisheries Salmon Steaks | 1 | 3.25 |
| Greens Garden Peas | 1 kg | 2.00 | Mayes Fisheries Tuna Steaks | 1 | 4.99 |
| HS Broccoli Florets | 450g | 1.00 | Pukka Steak Pie Microwavable | 1 | 1.80 |
| HS Brussell Sprouts | 500g | 1.00 | Quorn Mince | 300g | 2.45 |
| HS Carrots Baby HS | 500g | 1.00 | Roast Potatoes | 800g | 2.25 |
| HS Cauliflower HS | 500g | 1.00 | San Marco Cheese Pizza | 251g | 1.00 |
| HS Garlic Bread | 2pk | 1.00 | San Marco Pepperoni Pizza | 251g | 1.39 |
| HS Garlic Bread Slices | 1 | 1.00 | Smoked haddock fillet | 1 | 1.99 |
| HS Vegetable Medley Chunky | 500g | 1.00 | Walls Calippo Orange | 105ml | 1.10 |
| HS Vegetables Mixed | 500g | 1.00 | Walls Feast | 90ml | 1.00 |
| Ice Cream Caramel & Fudge Tub | 900ml | 2.25 | Walls Magnum Classic or White Choc Cookie | 90ml | 1.90 |
| Ice Cream Chocolate Chip | 900ml | 2.25 | Walls Solero Exotic | 90ml | 1.40 |
| Ice Cream Strawberry Tub | 900ml | 2.25 | Walls Twister | 80ml | 1.10 |
| Ice Cream Vanilla Tub | 900ml | 2.25 | Wheaten Mill Crumble- Various Flavour | ind | 3.60 |
| Jus Rol Puff Pastry | 500g | 1.69 | Youngs Fish Cakes | 4 pk | 0.99 |

VEGETABLES

| | | |
|-----------------------|-------------------------|-------------------------------------------------|
| Asparagus Local | Cress - Mustard & Water | Potatoes - Dirt |
| Aubergine | Garlic | Potatoes - Baking/Jacket |
| Avocados | Ginger | Potatoes - New |
| Broccoli | Green Beans | Potatoes - Sweet |
| Beetroot | Kale | Radishes Local |
| Cabbage - White & Red | Leeks | Rocket |
| Carrots | Lettuce - Iceberg | Shallots |
| Cauliflower | Lettuce - Little Gem | Spinach |
| Celeriac | Mushrooms | Spring Onion Bunch |
| Celery | Onions - Red & White | Squash |
| Corn on the Cob | Parsnips | Tomato - Local Small Vine - Sterling Suffolk |
| Courgette | Peas - Sugarsnap | Tomato - Local Cocktail Vine - Sterling Suffolk |
| Cucumber | Peppers | Tomato - Salad |
| | Peppers - Chilli | Watercress |

Prices may vary with seasons. Wider range available, please ask for details when ordering.

FRUIT

| | | |
|----------------------|-----------------|-------------------------------------|
| Apples | Grapefruit | Oranges - Seville |
| Apples - cooking | Kiwi | Pears |
| Bananas | Lemons & Limes | Pineapple |
| Blueberries | Mango | Plums |
| Cherries | Melon | Raspberry Punnet |
| Clementines/Satsumas | Nectarines | Rhubarb Local |
| Date Tray | Oranges - Large | Strawberry Punnet- English or Dutch |
| Grapes - White & Red | Oranges - Small | Watermelon |

FLOWERS

Alstromeria Bunch 1 3.50

Prices may vary with seasons. Wider range available, please ask for details when ordering.

| | <u>Size</u> | <u>Price</u> | | <u>Size</u> | <u>Price</u> |
|---------------------------------------------|-------------|--------------|----------------------------|-------------|--------------|
| <u>BREAKFAST CEREALS/MUESLI/OATS</u> | | | | | |
| Kellogs Coco Pops | 480g | 2.99 | Shire Bran Sticks | 200g | 1.75 |
| Kellogs Crunchy Nut Cornflakes | 500g | 2.99 | Shire Granola | 1kg | 2.99 |
| Kellogs Rice Crispies | 510g | 2.99 | Shire Muesli Deluxe Base | 1kg | 1.75 |
| Kellogs Special K | 500g | 2.99 | Shire Muesli Deluxe | 1 kg | 3.85 |
| Nestle Cheerios | 375g | 2.69 | Shire Large Oats | 725g | 1.00 |
| Nestle Cookie Crisp | 375g | 2.39 | Steele Oat & Rice Clusters | 1 kg | 3.85 |
| Nestle Shredded Wheat | 30 pk | 3.85 | Weetabix | 24's | 2.99 |
| Scotts Porridge Oats | 500g | 1.25 | Wheatbran | 500g | 0.80 |

GOOD TO GO CODDENHAM MADE GRANOLA

| | | | | | |
|-------------------------------------------------------------|------|------|----------------|--------|------|
| Apple Cinnamon | 300g | 3.99 | Houseblend | 300g | 3.99 |
| Cherry Pecan | 300g | 3.99 | Suffolk Crunch | 300g | 3.99 |
| Healthy Bars - superfood/peanut butter/seed and puffed rice | | | | 8 bars | 2.50 |

More items available, please ask when ordering

FLOUR

| | | | | | |
|---------------------------------|-------|------|---------------------------|--------|------|
| Cheddar & Tomato Bread Mix | 500g | 1.30 | Self Raising White G/Free | 1kg | 2.49 |
| Garlic & Rosemary Focaccia Mix | 500g | 1.30 | Self Raising White | 1.5kg | 1.75 |
| Marriages Dark Rye W/meal Bread | 1kg | 1.79 | Wessex Mill Six Seed | 1.5 kg | 2.75 |
| Pasta Flour | 1 kg | 1.75 | White Strong Bread Flour | 1.5 kg | 1.80 |
| Plain White | 1.5kg | 1.65 | Wholemeal Strong Flour | 1.5 kg | 1.99 |
| Plain White G/Free | 1 kg | 2.49 | | | |

BAKING INGREDIENTS

| | | | | | |
|------------------------------------|-------|------|---------------------------|------|------|
| Atora Beef Suet | 240g | 2.25 | Opies Stem Ginger | 280g | 2.45 |
| Certo Apple Pectin | 250g | 2.45 | Pure Almond Essence | 60ml | 3.99 |
| Doves Farm Baking Powder GF | 130g | 1.45 | Robinsons Mincemeat | 411g | 2.25 |
| Doves Farm Bicarb of Soda GF | 200g | 1.45 | Shire Baking Powder | 100g | 1.00 |
| Doves Farm Dark Choc Chips Vegan | 140g | 3.99 | Shire Bicarbonate of Soda | 150g | 1.20 |
| Dr Oetker Soft White Fondant Icing | 454g | 1.99 | Shire Currants | 375g | 1.60 |
| Epicure Marzipan Golden | 250g | 1.89 | Shire Mixed Vine Fruit | 375g | 1.75 |
| Goldenfry Cornflour | 500g | 1.59 | Shire Raisins | 300g | 1.50 |
| Goldenfry Yorkshire Pudding Mix | 142g | 0.79 | Shire Sultanas | 375g | 1.45 |
| Lemon Juice Squeezy | 200ml | 0.99 | Yeast | 500g | 3.99 |
| Lyles Golden Syrup Tin | 454g | 1.65 | Vegetable Suet Short Cut | 150g | 1.35 |
| Milk chocolate Chips Dr Oetker | 100g | 1.29 | Watermill Bread Improver | 250g | 1.59 |
| McLas Vanilla Essence | 40ml | 4.99 | | | |

| | <u>Size</u> | <u>Price</u> | | <u>Size</u> | <u>Price</u> |
|----------------------------------|-------------|--------------|-----------------------------------------------------------|-------------|--------------|
| <u>TEA AND COFFEE ETC</u> | | | | | |
| Dragonfly Moroccan Mint | 20 | 2.19 | Camp Coffee Essence | 241ml | 2.75 |
| PG Tips Tea Bags | 40 | 1.35 | Horlicks Malt Original | 300g | 2.50 |
| Tetley Decaf Tea Bags | 40 | 1.75 | Kenco Decaf | 100g | 3.79 |
| Tetley Green Tea | 20 | 1.49 | Nescafe Azera | 100g | 5.69 |
| Tetley Tea Bags | 40 | 1.49 | Nescafe Cappacino Unsweetened | 8 pk | 3.00 |
| Twinings Camomile | 30g | 2.05 | Nescafe Gold Blend | 95g | 3.49 |
| Twinings Earl Grey Tea Bags | 50 | 3.55 | Paddy & Scott Ground Chit Chat | 227g | 3.99 |
| Twinings Fruit Tea Bags | 20 | 2.95 | Paddy & Scott Ground Decaf | 227g | 4.99 |
| Twinings Lemon & Ginger | 40 | 2.05 | Paddy & Scott Ground Easy Days | 227g | 3.99 |
| Yorkshire Tea Bags | 80 | 2.99 | Taylor's Ground Rich Italian | 227g | 3.79 |
| Cadbury Drinking Chocolate | 250g | 1.99 | CODDENHAM SHOP OWN BRAND FILTER COFFEE COMING SOON | | |

SUGAR

| | | | | | |
|-------------------|------|------|-----------------------------|------|------|
| Candarel Tablets | 100 | 1.39 | Light Soft Brown | 500g | 1.25 |
| Candarel Spoonful | 40g | 1.59 | Tate & Lyle Caster | 500g | 1.00 |
| Caster Sugar | 1kg | 1.65 | Tate & Lyle Granulated | 500g | 0.60 |
| Demerara Sugar | 500g | 1.00 | Tate & Lyle Granulated | 1kg | 1.00 |
| Icing | 500g | 1.00 | Tate & Lyle Dark Soft Brown | 500g | 1.25 |
| Jam Sugar | 1 kg | 2.75 | | | |

JAMS/PRESERVES/SPREADS

| | | | | | |
|---------------------------------|-------|------|-------------------------------|------|------|
| Biona Almond Butter Smooth | 170g | 5.25 | Sunpat Peanut Butter Crunchy | 300g | 2.19 |
| Clarks Maple Syrup | 180ml | 2.99 | Sunpat Peanut Butter Smooth | 300g | 2.29 |
| Meridian Almond Crunch | 170g | 3.49 | Tiptree Apricot Jam | 340g | 2.49 |
| Rowses Honey Squeezy | 340g | 2.99 | Tiptree Black Cherry Conserve | 340g | 2.49 |
| Honey Pure Suffolk - Local | 454g | 5.75 | Tiptree Blackcurrant Jam | 340g | 2.49 |
| Hartleys Strawberry Jam | 340g | 1.69 | Tiptree Damson Jam Stoneless | 340g | 2.49 |
| HS Jam Apricot | 454g | 1.09 | Tiptree Lemon Curd | 312g | 2.49 |
| Marmite | 125g | 2.15 | Tiptree Marmalade Old Times | 454g | 2.59 |
| Nutella | 200g | 1.75 | Tiptree Raspberry Jam | 340g | 2.49 |
| Robinson Golden Shred Marmalade | 454g | 2.15 | Tiptree Strawberry Jam | 340g | 2.49 |
| Roses Lime Marmalade | 454g | 2.15 | Tiptree Victoria Plum Jam | 340g | 2.49 |

RICE/PASTA/GRAINS/PULSES

| | | | | | |
|-----------------------------|------|------|------------------------------------|------|------|
| Arborio Risotto Rice | 1kg | 2.75 | HS Long Grain Rice Microwave | 250g | 1.00 |
| Brown Basmati Rice Shire | 375g | 1.50 | Lasagne Sheets | 500g | 1.99 |
| Brown Long Grain Rice Shire | 400g | 1.25 | Napolina Lasagne | 275g | 1.79 |
| Cracked Bulgar Wheat | 400g | 1.35 | Pudding Rice | 400g | 1.35 |
| Cous Cous | 400g | 1.10 | Ricossa Spaghetti | 500g | 1.50 |
| Garafalo Cannelloni | 250g | 2.99 | Sciviotti Mazzani | 500g | 1.25 |
| Garafalo Farfalle | 500g | 1.85 | Semolina | 400g | 1.00 |
| Garafalo Pappardelle | 500g | 2.75 | Sharwood Noodles Medium | 340g | 2.35 |
| Green Lentils | 375g | 1.25 | Shire Soya Mince | 200g | 1.65 |
| Red Split Lentils | 375g | 1.00 | Spaghetti Garafalo | 500g | 1.99 |
| Linguini | 500g | 1.50 | Uncle Bens Rice Basmati Microwave | 250g | 1.95 |
| Garafalo Radiatore | 500g | 1.85 | Uncle Bens Egg Fried Rice | 250g | 1.95 |
| Garafalo Route | 500g | 1.85 | Uncle Bens Golden Veg Express Rice | 250g | 1.95 |
| HS Long Grain Rice | 500g | 0.89 | | | |

| | <u>Size</u> | <u>Price</u> | | <u>Size</u> | <u>Price</u> |
|---------------------------------------|-------------|--------------|-------------------------------------|-------------|--------------|
| <u>NUTS, SEEDS & FRUIT</u> | | | | | |
| Mr Flberts Sea Salt Mixed Nuts | 110g | 3.19 | Shire Dates Pitted | 675g | 1.99 |
| Shire Almonds Blanched | 80g | 1.75 | Shire Hazelnuts | 100g | 2.75 |
| Shire Almond Flakes | 70g | 1.60 | Shire Mixed Peel | 100g | 0.75 |
| Shire Almond Ground | 125g | 2.50 | Shire Nuts & Raisins | 200g | 1.69 |
| Shire Apricots | 200g | 1.75 | Shire Nuts/Seeds/Crans/Choc Raisins | 200g | 1.99 |
| Shire Banana Chips | 50g | 1.00 | Shire Peanuts Dry Roast | 150g | 1.25 |
| Shire Cashews Unsalted | 70g | 1.80 | Shire Peanuts Salted | 180g | 1.25 |
| Shire Cherries Glace | 140g | 1.50 | Shire Pine Nuts | 40g | 2.40 |
| Shire Chia Seeds | 100g | 1.95 | Shire Poppy Seed | 40g | 0.80 |
| Shire Chocolate Gingers | 160g | 1.99 | Shire Sesame Seeds Natural | 125g | 2.80 |
| Shire Chocolate Peanut & Raisin | 100g | 1.00 | Shire Sunflower Seeds | 250g | 0.95 |
| Shire Cocoa Caramel Peanuts Vegan | 150g | 2.45 | Shire Walnuts | 180g | 2.95 |
| Shire Coconut Dessicated | 150g | 1.00 | Value Fruit & Nut Mix | 400g | 1.50 |
| Shire Cranberries | 90g | 1.00 | Value Pitted Prunes | 400g | 2.99 |

SAUCES/PICKLES/CONDIMENTS/PUREES/OILS

| | | | | | |
|--------------------------------------|-------|------|-------------------------------------|-------|------|
| Atkin & Potts Chicken Chassuer Sauce | 350g | 3.09 | Gia Garlic Puree | 90g | 1.09 |
| Aspalls Balsamic Vinegar | 350ml | 2.99 | HP Sauce | 225g | 1.45 |
| Aspalls Cyder Vinegar | 350ml | 1.75 | HS Sunflower Oil | 1ltr | 1.89 |
| Aspalls Red Wine Vinegar | 350ml | 1.75 | Hillfarm Rapeseed Oil | 500ml | 2.99 |
| Aspalls White Wine Vinegar | 350ml | 1.75 | KTC Creamed Coconut | 200g | 0.99 |
| Blue Dragon Black Bean Stir Fry | 120g | 0.89 | KTC Vegetable Oil | 1 ltr | 1.59 |
| Blue Dragon Chow Mein Sauce | 120g | 0.89 | Lea & Perrins Worcestershire Sauce | 150ml | 1.59 |
| Blue Dragon Dark Soy Sauce | 150ml | 1.49 | Mary Berry Caesar Dressing | 235g | 2.49 |
| Blue Dragon Light Soy Sauce | 150ml | 1.45 | Mary Berry Honey & Balsamic Vinegar | 235g | 2.69 |
| Blue Dragon Sweet & Sour Sauce | 120g | 0.89 | Mary Berry Salad Dressing | 235g | 2.49 |
| Blue Dragon Thai Fish Sauce | 150g | 1.49 | Meridian Green Pesto Free From | 170g | 2.75 |
| Blue Dragon Thai Green Curry Paste | 285g | 1.99 | Meridian Light Tahini | 270g | 2.49 |
| Blue Dragon Thai Red Curry Paste | 285g | 2.25 | Meridian Tikka Masala | 350g | 2.49 |
| Coconut Milk | 400ml | 1.99 | Mutti Passata | 500g | 0.99 |
| Colmans Beef Casserole Mix | 40g | 0.99 | Napolina Grated Cheese | 50g | 1.29 |
| Colmans Cheese Sauce Mix | 40g | 0.75 | Napolin Tomato Puree Tube | 142g | 1.25 |
| Colmans Chlli Con Carne Mix | 50g | 0.99 | Old El Paso Sour Cream Squeezy | 230g | 1.99 |
| Colmans White Sauce Mix | 25g | 0.75 | Paxo Golden Breadcrumbs | 227g | 1.35 |
| Cornichons Sweet in White Balsamic | 550g | 3.25 | Paxo Sage & Onion | 170g | 1.49 |
| Dolmio Bolognaise Original | 500g | 1.89 | Sarsons Malt Vinegar | 250ml | 1.15 |
| Dolmio Lasagne Red Sauce | 500g | 1.89 | Saxa Coarse Sea Salt | 350g | 1.29 |
| Dolmio Tomato Pasta Bake | 500g | 1.89 | Saxa Table Salt | 750g | 1.25 |
| Dolmio Tomato & Cheese Pasta Bake | 500g | 1.89 | Sharwoods Korma | 420g | 1.79 |
| Extra Virgin Olive Oil | 500ml | 4.50 | Stokes Redcurrant Jelly | 250g | 3.20 |
| FB Balsamic Vinegar | 250ml | 2.89 | The English Fine Food Duck Fat | 150g | 2.25 |
| FB Green Pesto | 190g | 1.99 | Tomato Passata | 800g | 0.90 |
| FB Sundried Tomato Pesto | 190g | 1.99 | Uncle Bens Sweet & Sour Sauce | 450g | 1.89 |
| Ferns Mild Curry Paste | 380g | 2.25 | | | |

Hill Farm Dress & Dip Set- Apple Balsamic Vinegar & Rapeseed Oil 7.50

GRAVY/STOCK

| | | | | | |
|-------------------------------|---------|------|---------------------------|---------|------|
| Atkin & Potts Beef Wine Gravy | 350g | 3.09 | Knorr Chicken Stockpot | 4 x 28g | 1.85 |
| Atkin & Potts Vegetable Stock | 350g | 2.35 | Oxo Beef Stock Cubes | 71g | 1.49 |
| Bisto Best Beef Gravy | 150g | 2.29 | Oxo Chicken Stock Cubes | 71g | 1.49 |
| Bisto Chicken Gravy Granules | 170g | 1.69 | Oxo Vegetable Stock Cubes | 71g | 1.49 |
| Knorr Beef Stockpot | 4 x 28g | 1.85 | | | |

| | <u>Size</u> | <u>Price</u> | | <u>Size</u> | <u>Price</u> |
|-------------------------------------------|-------------|--------------|----------------------------|-------------|--------------|
| <u>TABLE SAUCES & CHUTNEYS</u> | | | | | |
| Branston Pickle Original | 280g | 1.49 | Stokes Hoisin Sauce | 330g | 3.25 |
| Heinz Salad Cream Bottle | 285g | 1.65 | Stokes Horseradish Creamed | 220g | 3.70 |
| Heinz Tomato Sauce Squeezy | 460g | 2.19 | Stokes Mango Chutney | 260g | 3.25 |
| Hillfarm Mayo Garlic | 345g | 3.50 | Stokes Mint Sauce | 245g | 2.99 |
| Maille Mustard Dijon | 215g | 2.15 | Stokes Mustard English | 210g | 2.95 |
| Maille Mustard Wholegrain | 215g | 2.15 | Stokes Piccalilli | 380g | 3.25 |
| Helmanns Mayo Light | 400g | 2.19 | Stokes Red Onion Chutney | 220g | 2.29 |
| Helmanns Mayo Real | 400g | 2.19 | Stokes Sweet Chilli Sauce | 320g | 3.10 |
| Stokes BBQ Sauce Original | 315g | 3.10 | Stokes Tartare Sauce | 200g | 3.10 |
| Stokes Bramley Apples Sauce | 240g | 3.10 | Stokes Tomato Ketchup | 300g | 3.10 |
| Stokes Brown Sauce | 320g | 3.10 | Tiptree Chutney | 230g | 2.69 |
| Stokes Cranberry Sauce | 260g | 3.25 | Tiptree Tomato Chutney | 210g | 2.29 |
| Stokes Fig Relish | 250g | 3.30 | | | |

| | <u>Size</u> | <u>Price</u> | | <u>Size</u> | <u>Price</u> |
|----------------------------------|-------------|--------------|-----------------------------|-------------|--------------|
| <u>HERBS & SPICES</u> | | | | | |
| GC Bay leaves | 10g | 0.85 | GC Mixed Herbs | 20g | 0.85 |
| GC Basil | 20g | 0.85 | GC Mixed Spice | 50g | 0.85 |
| GC Black Peppercorns | 30g | 0.85 | GC Oregano | 20g | 0.85 |
| GC Caraway Seed | 50g | 0.85 | GC Paprika | 50g | 0.85 |
| GC Cayenne Pepper | 50g | 0.85 | GC Parsley | 15g | 0.85 |
| GC Celery Salt | 100g | 0.85 | GC Poppy seed | 50g | 0.85 |
| GC Chicken Seasoning | 40g | 0.85 | GC Rosemary | 20g | 0.85 |
| GC Cinnamon sticks | 20g | 0.85 | GC Sage | 25g | 0.85 |
| GC Ground Black Pepper | 30g | 0.85 | GC Tarragon | 12g | 0.85 |
| GC Ground Chillies | 50g | 0.85 | GC Thyme | 30g | 0.85 |
| GC Ground Cinnamon | 50g | 0.85 | GC Turmeric Ground | 40g | 0.85 |
| GC Ground Coriander | 40g | 0.85 | Shire Whole Black Cardamoms | 15g | 1.00 |
| GC Ground Cumin | 50g | 0.85 | GC Whole Cardamom | | 0.85 |
| GC Ground Ginger | 40g | 0.85 | GC Whole Cloves | 18g | 0.85 |
| GC Madras Curry Powder | 50g | 0.85 | GC Whole Nutmeg | 20g | 0.85 |
| GC Mild Curry Powder | 50g | 0.85 | Shire Ground Nutmeg | 10g | 1.00 |

| | <u>Size</u> | <u>Price</u> | | <u>Size</u> | <u>Price</u> |
|---------------------------------------------|-------------|--------------|---------------------------|-------------|--------------|
| <u>TINNED VEGETABLES/BEANS/SOUPS</u> | | | | | |
| Aleya Roasted Red Peppers | 480g | 1.65 | Heinz Oxtail Soup | 400g | 1.09 |
| Batchelors Chicken Cup Soup | 81g | 1.59 | Heinz Ravioli | 400g | 0.99 |
| Batchelors Minestrone Cup Soup | 94g | 1.59 | Heinz Spaghetti | 400g | 0.89 |
| Batchelors Mushy Peas | 300g | 0.69 | Heinz Vegetable Soup | 400g | 1.09 |
| Batchelors Tomato Cup Soup | 93g | 1.59 | HS Baby Carrots | 300g | 0.59 |
| Borlotti Beans | 400g | 0.79 | HS Button Mushrooms | 285g | 1.00 |
| Butter Beans | 400g | 0.75 | HS Garden Peas | 300g | 0.55 |
| Chick Peas | 400g | 0.75 | HS Green Beans | 300g | 0.59 |
| Crespo Black Pitted Olives | 354g | 1.99 | HS Mushroom Soup | 400g | 0.55 |
| Crespo Green Pitted Olives | 198g | 1.00 | HS New Potatoes | 300g | 0.75 |
| Crespo Capers | 198g | 1.49 | Mutti Chopped Tomatoes | 400g | 0.99 |
| Epicure Pickled Walnuts | 300g | 3.99 | Opies Pickled Onions | 370g | 1.99 |
| Garden Delight Tomatoes in Oil | 244g | 2.80 | Pot Noodle Beef/Tomato | 90g | 1.19 |
| Green Giant Sweetcorn | 340g | 0.99 | Pot Noodle Chick/Mushroom | 90g | 1.19 |
| Heinz Baked Beans | 415g | 0.99 | Pot Pasta Carbonara | 62g | 1.39 |
| Heinz Cream of Chicken Soup | 400g | 1.09 | Red Kidney Beans | 400g | 0.75 |
| Heinz Cream of Tomato Soup | 400g | 1.09 | | | |

| | <u>Size</u> | <u>Price</u> | | <u>Size</u> | <u>Price</u> |
|-------------------------------------|-------------|--------------|------------------------------------|-------------|--------------|
| <u>TINNED MEAT/FISH</u> | | | | | |
| Corned Beef | 340g | 3.09 | John West Sardines in Tomato Sauce | 120g | 1.09 |
| Epicure Anchovies in Oil | 50g | 1.99 | Princes Beef Stew | 392g | 1.89 |
| Frey Bentos Meat balls in Tom Sauce | 380g | 0.95 | Princes Mackerel in Sunflower Oil | 125g | 1.99 |
| Frey Bentos Steak & Kidney Pudding | 200g | 1.99 | Princes Pink Salmon | 213g | 3.25 |
| Glenryk Pichards in Tomato Sauce | 120g | 2.95 | Princes Tuna Chunks in Brine | 145g | 1.59 |
| John West Sardines in Sunflower Oil | 120g | 1.09 | | | |

TINNED FRUIT/DESSERTS/MILK

| | | | | | |
|---------------------------|------|------|-----------------------------------|------|------|
| Ambrosia Devon Custard | 400g | 1.00 | Hartleys Strawberry Jelly | 135g | 0.65 |
| Ambrosia Rice Pudding | 400g | 1.09 | Princes Apricot Halves in Syrup | 410g | 1.25 |
| Angel Delight Strawberry | 59g | 1.09 | Princes Fruit Cocktail in Juice | 410g | 1.09 |
| Birds Custard Powder | 300g | 1.39 | Princes Mandarins in Juice | 298g | 1.09 |
| Carnation Condensed Milk | 397g | 2.15 | Princes Mango Slices in Juice | 432g | 1.19 |
| Carnation Evaporated Milk | 170g | 0.75 | Princes Peach Slices in Juice | 410g | 1.19 |
| Epicure Pear Halves | 411g | 1.19 | Princes Peach Slices in Syrup | 410g | 1.09 |
| Epicure Prunes | 425g | 1.19 | Princes Pineapple Chunks in Juice | 432g | 1.19 |
| Hartleys Orange Jelly | 135g | 0.59 | Princes Pineapple Slice in Juice | 432g | 1.09 |

BISCUITS/CAKES/SNACK BARS/SAVOURY

| | | | | | |
|--------------------------------------|------|------|-----------------------------------------|-------|------|
| Aleyna Melba Toast | 100g | 0.95 | Jacobs Cream Crackers | 300g | 1.39 |
| Annas Almond/Orange/Ginger Thins | 150g | 1.35 | Kellogs Nutrigrain Strawberry Bar | 37g | 0.49 |
| Artisan Millers C/berry Raisin Toast | 100g | 3.45 | McVities Hobnobs Milk Choc | 262g | 1.65 |
| Carousel Ice Cream Cones | 21 | 1.99 | McVities Jaffa Cakes | 122g | 1.00 |
| Carrs Water Biscuits | 125g | 1.75 | McVities Digestives | 400g | 1.39 |
| Crawfords Teatime Selection | 275g | 1.00 | McVities Digestive Dark Choc Digestives | 266g | 1.65 |
| Discover the Choice Apple Pies | 6 pk | 1.19 | McVities Penguins | multi | 1.00 |
| Eat Natural Braz/Sult/Almond Bar | 50g | 0.89 | McVities Rich Tea | 300g | 1.29 |
| Eat Natural Yoghurt Almond Bar | 50g | 0.89 | Meringue Nests | 6 | 1.99 |
| ES Choc Chip Cookies Twin | 400g | 1.00 | Nairns Fine Oatcakes | 218g | 1.25 |
| Farmhouse Chocolate Chip GF | 150g | 1.80 | Nairns Rough Oatcakes | 291g | 1.39 |
| Farmhouse Ginger Stem Biscuits GF | 200g | 1.80 | Nature Valley Oat & Honey Bar | 42g | 0.59 |
| Farmhouse Lemon Biscuits GF | 200g | 1.85 | Patersons Shortbread | 300g | 1.00 |
| Farmhouse Oat & Cran Biscuits GF | 150g | 1.80 | Ritz Crackers Original | 200g | 1.39 |
| HS Bourbon Creams | 400g | 1.00 | Ryvita Dark Rye | 200g | 1.25 |
| HS Custard Creams | 400g | 1.00 | Ryvita Original | 200g | 1.25 |

CRISPS/SNACKS ETC

| | | | | | |
|---------------------------------------|------|------|------------------------------------|------|------|
| Butterkist Popcorn Sweet/Salt | 76g | 1.00 | Shire Black Pepper Crackers | 75g | 1.00 |
| Eat Real Lentil Chips Chillli & Lemon | 113g | 1.89 | Tyrrells Cheddar & Chive | 150g | 1.99 |
| Eat Real Lentil Chips Tomato & Basil | 113g | 1.89 | Tyrrells Lightly Salted | 150g | 1.99 |
| Hoola Hoop Big BBQ Beef | 80g | 1.00 | Tyrrells Salt & Vinegar | 150g | 1.99 |
| Japanese Rice Crackers | 75g | 1.00 | Tyrrells Sunday Best Roast Chicken | 150g | 1.99 |
| Mini Cheddars | 105g | 1.00 | Walkers Cheese & Onion | 32g | 0.65 |
| Pringles Original | 40g | 0.69 | Walkers Prawn Cocktail | 32g | 0.65 |
| Pringles Sour Cream & Onion | 30g | 0.69 | Walkers Ready Salted | 32g | 0.65 |
| Pringles Texas BBQ | 40g | 0.69 | Walkers Salt & Vinegar . | 32g | 0.65 |
| Seabrooks Variety Crisps | 6 | 1.00 | Wasabi Rice Mix Crackers | 70g | 1.00 |

| | <u>Size</u> | <u>Price</u> | | <u>Size</u> | <u>Price</u> |
|-------------------------------------------------------------------------------------|-------------|--------------|------------------------------------------|-------------|--------------|
| <u>WHEATEN MILL CAKES</u> | | | | | |
| Bakewell Tart | 1 | 2.75 | Fruity Teabread loaf | 1lb | 3.25 |
| Banana & Honey Teabread Loaf | 1lb | 2.95 | Lemon Loaf Cake Crunchy | 1lb | 2.95 |
| Caramilised apple crumble tart | 1 | 2.60 | Lemon Slices Crunchy | 4 | 2.65 |
| Caramel Choc Shortbread | 4 | 3.95 | Malt Tiffin Bar | 4 | 3.55 |
| Carrot Loaf Cake Iced | 1lb | 4.15 | Muesli Slices | | 2.80 |
| Cherry & Almond loaf cake | 1lb | 3.45 | Nutty Choc Slices | | 2.85 |
| Cherry and Coconut Slices | | 2.90 | Oat Cherry Cookies | 4 | 2.90 |
| Cherry Fruit Bars | 4 | 3.55 | Peanut Slices | | 3.00 |
| Chocolate Chip loaf cake | 1lb | 3.00 | Rocky Road Slices | 4 | 2.80 |
| Chocolate Crunch | 4 | 2.90 | Sticky Date loaf cake | 1lb | 4.65 |
| Chocolate Fudge Brownies | 4 | 3.55 | Sticky Gingerbread Loaf Cake | 1lb | 2.95 |
| Cornflake Tart | 1 | 2.05 | Treacle Tart | 1 | 1.95 |
| Double Chocolate Loaf Cake | 1lb | 3.05 | Suffolk Ale loaf cake | 1lb | 4.45 |
| Flapjack Chocolate | 4 | 2.65 | Victoria Sponge with jam and buttercream | 3" | 3.00 |
| Flapjacks Vegan | | 4.99 | White Choc & Cranberry Cookies | | 2.90 |
| Fruit Loaf Cake Nan's | 1lb | 4.55 | | | |
| Cupcakes- Mixed - Chocolate, Vanilla, Carrot, Coffee, Lemon, Choc Orange And Ginger | | | | 4 | 3.50 |

Wider range available, please ask for details when ordering.

CHOCOLATE

| | | | | | | |
|----------------------------------|----------|------|------|-------------------------------|----------|------|
| Aero Peppermint | 2 for £1 | 36g | 0.59 | ES Milk Chocolate Fruit & Nut | 90g | 0.50 |
| After Eight Box | | 300g | 4.00 | ES White Chocolate | 90g | 0.50 |
| Almond Milk Green & Black | | 90g | 2.99 | Fry's Peppermint Cream | 49g | 0.74 |
| Bounty Milk | | 57g | 0.60 | Galaxy Minstrels | 80g | 1.00 |
| Cadbury Bourneville | | 100g | 1.00 | Green & Black Dark Choc 70% | 90g | 2.99 |
| Cadbury Crunchy | | 40g | 0.55 | Green & Black Milk Chocolate | 90g | 2.99 |
| Cadbury Dairy Milk | | 110g | 1.49 | Kit Kat 4 Finger | 2 for £1 | 41g |
| Cadbury Freddo Caramel | | 19g | 0.25 | Maltesers Box | 100g | 1.99 |
| Cadbury Fruit & Nut | | 49g | 0.70 | Mars | 51g | 0.60 |
| Cadbury Giant Buttons | | 95g | 1.00 | M&M's Orignal Treat Bag | 82g | 1.00 |
| Cadbury Giant Milkybar Buttons | | 85g | 1.00 | M&M's Peanut Treat Bag | 82g | 1.00 |
| Cadbury Milk Tray Box | | 180g | 4.25 | Smarties Hexatube | 2 for £1 | 38g |
| Divine White Cappucino Chocolate | | 35g | 1.05 | Snickers | 48g | 0.60 |
| ES Dark Chocolate | | 90g | 0.50 | Terrys Choc Orange | 157g | 3.49 |
| ES Milk Chocolate | | 90g | 0.50 | | | |

CONFECTIONERY

| | | | | | | | |
|-----------------------------|--|------|------|--------------------------------|----------|-------|------|
| Barratts Refreshers Roll | | 34g | 0.39 | Polo Original | 2 for £1 | 33.4g | 0.59 |
| Bassetts Jelly Babies | | 165g | 1.00 | Rowntrees Fruit Pastilles | 2 for £1 | 52g | 0.50 |
| Bassetts Liqourice Allsorts | | 165g | 1.00 | Shire Mint Imperials | | 140g | 1.00 |
| Bassetts Murray Mints | | 193g | 1.69 | Trebor Extra Strong Mints | | 41g | 0.50 |
| Foxes Glacier Fruit Bag | | 130g | 1.00 | Werthers Original Butter Candy | | 135g | 1.59 |
| Fruitella Summer Fruits | | 41g | 0.55 | Wine Gums Maynards | | 165g | 1.00 |
| Haribo Giant Strawbs | | 180g | 1.00 | Wrigleys Extra Spearmint | | 14g | 0.43 |
| Haribo Starmix | | 180g | 1.00 | Wrigleys Extra Ice Peppermint | | 1 | 0.49 |

WATER/TONIC

| | | | | | | | |
|------------------------------|--|---------|------|--------------------------------|--|-------|------|
| Buxton Still Water | | 500ml | 0.59 | San Pelligrino Sparkling Water | | 500ml | 0.79 |
| Carters Royal Soda Water | | 1 ltr | 0.69 | Schweppes Soda Water | | 1 ltr | 2.09 |
| Evian Mineral Water | | 1.5 ltr | 1.05 | Schweppes Tonic Water | | 1 ltr | 2.09 |
| Fevertree Tonic Water Indian | | 8x150ml | 4.69 | Schweppes Tonic Water Slimlne | | 1 ltr | 2.09 |
| Fevertree Tonic Water Light | | 4x200ml | 3.49 | Volvic Lemon & Lime Water | | 500ml | 0.89 |
| San Pellegrino Mineral Water | | 750ml | 1.19 | | | | |

| | <u>Size</u> | <u>Price</u> | | <u>Size</u> | <u>Price</u> |
|-------------------------------------------|-------------|--------------|-----------------------------|-------------|--------------|
| <u>DRINKS - CANS & BOTTLES</u> | | | | | |
| Belvoir Elderflower Can | 250ml | 1.70 | Lucozade Energy Original | 2 for £2.20 | 370ml 1.19 |
| Belvoir Elderflower Cordial | 500ml | 4.90 | Lucozade Energy Pink Lemon | 2 for £2.20 | 380ml 1.19 |
| Belvoir Elderflower Lemonade Can | 330ml | 0.99 | Lucozade Sport A&R | 2 for £2.20 | 500ml 1.19 |
| Belvoir Elderflower Presse | 75cl | 3.45 | Monster Punch Pipeline | | 500ml 1.39 |
| Belvoir Ginger Beer Can | 250ml | 1.70 | Nescafe Azera Nitro Latte | | 250ml 1.49 |
| Belvoir Rapsberry Lemon Can | 250ml | 1.70 | Robinsons Orange NAS | 2 for 2.50 | 900ml 1.49 |
| Belvoir Raspberry Lemonade | 75cl | 3.45 | Robinsons Summerfruits NAS | | 1 ltr 1.75 |
| Cawston Apple Cloudy Can | 330ml | 0.99 | Roses Lime Cordial | | 1 ltr 2.99 |
| Coca Cola Cans | 330ml | 0.79 | Schweppes Bitter Lemon | | 1 ltr 2.09 |
| Coca Cola Bottle | 1.5 ltr | 1.95 | Schweppes Lemonade | | 2 ltr 1.49 |
| Coke Diet Cans | 330ml | 0.69 | Schweppes Lemonade Slimline | | 2 ltr 1.49 |
| Coke Diet Bottle | 1.75 ltr | 1.75 | Seven Up Sugar free | 2 for £1.00 | 330ml 0.59 |
| Fanta Orange Can | 330ml | 0.65 | Vimto NAS Cordial | | 725ml 1.49 |
| Fruit Shoot Summerfruits | 275ml | 0.69 | Yazoo Milkshake | | 400ml 1.00 |
| HS Lemon NAS Squash | 1 ltr | 0.80 | | | |

JUICE

| | | | | | |
|-----------------------------|-------|------|-----------------------------|---------|------|
| Cawston Apple Juice | 1 ltr | 2.99 | Cawston Strawberry 3 Carton | 3x200ml | 1.99 |
| Cawston Apple & Elderflower | 1 ltr | 2.99 | Cawston Press Tomato Juice | 1 ltr | 2.50 |
| Cawston Apple & Ginger | 1 ltr | 2.99 | Jucee Apple Juice | 200ml | 0.55 |
| Cawston Apple & Rhubarb | 1 ltr | 2.99 | Jucee Orange Juice | 200ml | 0.55 |
| Ocean Spray Cranberry Juice | 1 ltr | 1.89 | Princes Orange Juice | 1 ltr | 1.69 |

BEER/LAGER/CIDER

| | | | | | |
|-------------------------------|---------|------|-------------------------------|----------|-------|
| Adnams Broadside | 500ml | 2.49 | Carlsberg Pilsner Fridge Pack | 10x440ml | 11.99 |
| Adnams Ghost Ship 4.5% Cans | 4x440ml | 5.35 | Crabbies Alcoholic Ginger | 500ml | 1.85 |
| Adnams Ghost Ship 0.5% Cans | 4x330ml | 3.50 | Greene King IPA NRB | 500ml | 2.39 |
| Adnams Southwold Bitter Cans | 4x500ml | 6.99 | Holsten Pils | 4x500ml | 5.99 |
| Adnams Sole Star 0.5% | 500ml | 1.50 | Kopparberg 0% Mixed Fruit | 500ml | 1.59 |
| Aspalls Suffolk Draught Cider | 500ml | 2.59 | Kopparberg Straw/Lime | 4x330ml | 5.79 |
| Aspall Imperial Cyder | 500ml | 3.80 | Old Speckled Hen 5% | 500ml | 2.39 |
| Aspall Perronelles Blush | 500ml | 3.59 | Old Speckled Hen GF | 500ml | 2.09 |
| Aspalls Premier Cru | 500ml | 2.59 | Peroni Libera 0% | 330ml | 0.99 |
| Busweiser Cans | 4x500ml | 5.69 | Peroni Nastro Azzurro | 4x330ml | 6.69 |
| Calvors Amarillo | 330ml | 1.99 | San Miguel NRB | 660ml | 2.89 |
| Calvors Helles | 4x330ml | 6.99 | San Miguel 0% | 4x330ml | 3.99 |
| Calvors Pilsner | 4x330ml | 6.99 | Strongbow Fridge Pack | 10x440ml | 10.00 |
| Calvors Session IPA | 4x330ml | 6.99 | Strongbow | 4x568ml | 5.50 |
| Calvors Vienna Lager | 330ml | 1.99 | St. Peters Suffolk Gold | 500ml | 2.60 |

SPIRITS

| | | | | | |
|--------------------------------|------|-------|-------------------------------|------|-------|
| Baileys | 70cl | 15.75 | Famous Grouse Whisky Gift Set | 1 | 7.99 |
| Bacardi Rum | 35cl | 9.49 | Glenfiddich 12 Year Old Malt | 70cl | 39.99 |
| Bells Original Whisky | 20cl | 5.79 | Gordons Gin | 70cl | 14.79 |
| Bells Original Whisky | 70cl | 15.79 | Harveys Bristol Cream Sherry | 75cl | 12.99 |
| Captain Morgans Rum | 20cl | 5.49 | Jack Daniels Whisky | 35cl | 12.99 |
| Captain Morgans Rum | 70cl | 14.79 | Kraken Rum | 35cl | 16.49 |
| Cockburns Special Reserve Port | 75cl | 15.29 | Napoleon Brandy | 35cl | 7.49 |
| Copperhouse Gin | 70cl | 26.99 | Russian Standard Vodka | 70cl | 14.79 |
| Copperhouse Pink Gin | 70cl | 30.99 | Smirnoff Red Vodka | 70cl | 14.79 |
| De Kuyper Apricot Brandy | 50cl | 14.99 | Three Barrells Brandy | 70cl | 20.99 |
| De Kuyper Cherry Brandy | 50cl | 14.99 | | | |

| | <u>Size</u> | <u>Price</u> | | <u>Size</u> | <u>Price</u> |
|---------------------------------|-------------|--------------|----------------------------------|-------------|--------------|
| <u>WINE</u> | | | | | |
| Adnams Blanc Brut Fizz | | 10.99 | Inacayal Malbec | | 10.99 |
| Adnams French Rose | | 9.50 | Isla Negra Merlot | | 6.59 |
| Adnams French Red | | 9.50 | JP Chenet Colombard Chardonnay | 25cl | 3.45 |
| Adnams Pinot Noir | | 7.50 | JP Chenet Cabernet Syrah | 25cl | 3.45 |
| Adnams Prosecco | | 10.99 | L'Instant Pinot Noir | | 10.99 |
| Adnams Rose Fizz | | 10.99 | Les Argelieres Cabernet Franc | | 10.99 |
| Adnams Red 0.5% Cab Tempranillo | | 4.99 | Les Argeliere Pinot Noir | | 10.99 |
| Adnams Rose 0.5% Garnacha Blanc | | 4.99 | Les Angelieres Viognier | | 9.99 |
| Adnams White 0.5% Sauv Blanc | | 4.99 | Kintu Rose | | 8.49 |
| Aldridge Estate Chardonnay | | 10.99 | Klippenkop Cape Chenin Blanc | | 8.99 |
| Aldridge Rams Head Shiraz Cab | | 9.99 | Macon Solutre Domaine Denuziller | | 14.49 |
| Castello Prosecco 4357 | | 13.99 | Mussel Bay Sauvignon Blanc | | 11.99 |
| CDG Colombard | | 7.25 | Pararuda Pinot Grigio | | 6.99 |
| Fidele Bianco - Vegan | | 8.50 | Paparuda Pinot Noir | | 6.99 |
| Fidele Rosso - Vegan | | 8.50 | Paparuda Sauv Blanc | | 6.99 |
| Hardys Bin 161 Rose | | 5.75 | Paparuda Syrah | | 6.99 |
| Hardys Bin 161 Sauv Blanc | | 5.99 | Villarrica Merlot | | 8.99 |
| Hardys Bin 161 Shiraz | | 5.99 | Villarrica Sauvignon Blanc | | 8.99 |

TOBACCO ETC

| | | | | | |
|-------------------------------|-----|-------|------------------------------|------|-------|
| Amber Leaf 3 in 1 | 30g | 14.20 | Mayfair SK Sky Blue | 20 | 10.10 |
| Benson & Hedges Gold | 20 | 12.24 | Old Holborn | 30g | 15.52 |
| Carlton Red Original KS | 20 | 8.80 | St Bruno Ready Rub | 25g | 8.28 |
| Drum Original Blue | 50g | 24.20 | Sterling Dual Leaf | 10's | 4.50 |
| Exis Flint Disposable Lighter | 1 | 0.70 | Swan Extra Slim Filter Tips | 120 | 1.01 |
| Golden Virginia Orig & papers | 30g | 14.50 | Zig-Zag Green Regular papers | 1 | 0.25 |
| Hamlet Cigars 5's | 5 | 6.00 | | | |

LAUNDRY/WASHUP/CLEANING

| | | | | | |
|-------------------------------|--------|------|--------------------------------|-------|------|
| AndreX Toilet Roll | 4 pk | 2.50 | Flash Lemon Spray | 450ml | 1.59 |
| AndreX Moist Washlets | 40's | 1.89 | Flash Antibacterial Wipes | 24 | 2.00 |
| CP+ Anti-Bac Spray | 1 ltr | 2.99 | HS Air Freshener Fresh Linen | 300ml | 0.89 |
| CIF White | 500ml | 1.29 | HS Disinfectant Pine | 1 ltr | 1.00 |
| Comfort Fabric Conditioner | 750ml | 1.99 | Kleenex Balsam Pocket Tissues | 1 | 0.45 |
| Crystale Dishwasher Cleaner | 250ml | 1.29 | Kleenex Tissues Box | 1 | 1.69 |
| Crystale Dishwasher Salt | 2kg | 1.29 | Mr Sheen Spring Fresh | 300ml | 1.29 |
| Crystale Dishwasher Tablets | 2kg | 1.29 | Persil Power Caps Bio | 8 | 2.49 |
| Crystale Rinse Aid | 500ml | 1.29 | Persil WUL Lemon Burst | 500ml | 1.00 |
| Daz Go Pod Capsules | 12 pk | 2.49 | Plenty Kitchen Roll | 1 | 2.29 |
| Dettol Surface Wipes | 108 pk | 6.99 | Regina Blitz Kitchen Roll | 2 pk | 3.50 |
| Fairy WUL Pomegranate & Honey | 433ml | 1.29 | Spontex Washups Scourer | 2 | 0.95 |
| Fabreze Classic Fabric Spray | 500ml | 2.99 | Superbright All Purpose Cloths | 10pk | 1.00 |
| Flash Bathroom Spray | 500ml | 1.99 | Superbright Sponge Cloths | 2 | 0.95 |
| Flash Bleach Spray | 450ml | 1.59 | Surf Powder Lavender 10W | 650g | 2.49 |
| Flash Floor Cleaner | 800ml | 1.49 | Vanish Oxi Action | 450g | 3.79 |

| | <u>Size</u> | <u>Price</u> | | <u>Size</u> | <u>Price</u> |
|---------------------------------|-------------|--------------|---------------------------------------------|-------------|--------------|
| <u>HOUSEHOLD ETC</u> | | | | | |
| Bacofoil Baking Paper 380mm | 5m | 1.45 | HS Sandwich Bags | 60 | 1.25 |
| Bryant & May Extra Long Matches | 1 | 0.89 | Hero Compostable Caddy Liners | 20 x 5ltr | 1.99 |
| Cocktail Sticks Wooden | 100 | 1.00 | Hero Refuse Sacks | 10 | 1.25 |
| HS Candles Household Red/White | 6 | 1.75 | Hero Swing Bin Liners Scented | 8 | 1.00 |
| HS Cling Film | 1 | 1.19 | M/Gold Rubber Gloves Extra Life - Med & Lge | 1 | 2.50 |
| HS Firelighters | 15 | 1.00 | Panasonic Pro Power AA Batteries | 4 | 2.99 |
| HS Freezer/Food Bags Small | 60 | 1.65 | Panasonic Red Zinc AAA Batteries | 4 | 1.49 |
| HS Freezer/Food Bags Large | 20 | 1.45 | Panasonic Red Zinc C Batteries | 2 | 1.49 |
| HS Kitchen Foil 7.5m x 450mm | 7.5m | 1.79 | Panasonic Red Zinc D Batteries | 2 | 1.49 |
| HS Safety Matches | 100 | 0.21 | Superbright Cotton Dusters | 6 | 0.95 |

STATIONERY

| | | | | | |
|-----------------------------|---|------|-------------|----|------|
| Envelope Letter White | 1 | 0.10 | Parcel Tape | 5m | 1.99 |
| Envelope Padded Brown | 1 | 0.50 | Pens Black | 1 | 0.50 |
| Envelope Padded Large Brown | 1 | 1.00 | Sellotape | 1 | 1.00 |
| Marker Pens Black | 1 | 1.00 | | | |

STAMPS

| | | |
|-----------------|---|------|
| 1st Class Stamp | 1 | 0.76 |
| 2nd Class Stamp | 1 | 0.65 |

TOILETRIES ETC

| | | | | | |
|------------------------------------|----------|------|-------------------------------|-------|------|
| Anti-bac Gel | 200ml | 7.75 | Listerine Coolmint | 250ml | 2.79 |
| Certex Antibacterial Handsoap | 500ml | 2.49 | Lypsil Lip Balm | 15g | 1.49 |
| Colgate Cavity Protect | 75ml | 1.00 | Oral B 1-2-3 Toothpaste | 75ml | 1.00 |
| Dove Soap Bar Original | 2 x 100g | 1.50 | Pretty Paper Stem Cotton Bud | 100 | 0.69 |
| Enliven Nail Polish Remover | 250ml | 1.00 | Radox Bath Muscle Soak | 500ml | 1.49 |
| Gillette Blue 2 Plus Disposable | 3 | 1.30 | Radox SG Feel Refreshed | 250ml | 1.00 |
| Gillette Blue II Female Disposable | 3 | 1.30 | Sure Men Quantum Dry | 150ml | 1.50 |
| Gillette Shave Foam Sensative | 200ml | 1.50 | Sure Roll On Cotton Fresh | 50ml | 1.50 |
| Handwash AntiBac Ttree/Aloe | 500ml | 2.49 | Sure for Women APA Bright | 150ml | 1.50 |
| Handwash Lav & A/ Vera Ecover | 250ml | 3.20 | VO5 Condition Give Me Moist | 250ml | 1.00 |
| HS Ultra Super Towel | 12 | 1.00 | VO5 Shampoo Give Me Moist | 250ml | 1.00 |
| HS Pantliners | 30's | 1.00 | Wisdom Regular Firm T/Brush | 1 | 1.00 |
| Johnsons Baby Soap | 100g | 1.00 | Wisdom Regular Medium T/brush | 1 | 1.00 |
| Lil-Lets Digital Regular | 10 | 1.59 | | | |

MEDICINES

| | | | | | |
|------------------------------|------|------|------------------------------|------|------|
| Calpol Infant 2+ months | 80ml | 4.25 | Lemsip Cold/Flu Caps Max Str | 8 | 2.89 |
| Calpol 6+ | 80ml | 4.25 | Lemsip Cold/Flu Caps | 16 | 3.99 |
| Galpharm Hayfever Loratadine | 14pk | 1.50 | Nurofen Tablets | 12 | 2.69 |
| Galpharm Ibuprofen 200mg | 16 | 0.79 | Rennie Spearmint | 24 | 2.45 |
| Galpharm Paracetamol | 16 | 0.79 | Savlon Cream | 30g | 1.79 |
| Gaviscon Double Action | 8 | 2.49 | Strepsils Honey & Lemon | 16 | 2.99 |
| HS Waterproof Plasters | 20 | 0.89 | Sudocrem | 60g | 2.79 |
| Heyoo Multivitamin Tablets | 60 | 1.99 | TCP Liquid | 50ml | 2.99 |
| Immodium Capsules | 6 | 3.79 | Tunes Cherry Box | 37g | 0.56 |
| Lemsip Lemon Sachets | 5 | 2.49 | Vicks Vapour Rub | 50g | 3.65 |

BABY FOOD/MILK/TOILETRIES

| | | | | | |
|-----------------------------|---------|------|-----------------------|------|------|
| Cow & Gate Apple Cumble | 200g | 0.85 | Huggies Disney Wipes | 56 | 1.00 |
| Cow & Gate Scrummy Spag Bol | 200g | 0.85 | Mucky Pups Nappy Bags | 200 | 1.29 |
| Farley Rusks | 6 x 9's | 1.59 | Pretty Cotton Pleat | 100g | 0.99 |

| | <u>Size</u> | <u>Price</u> | | <u>Size</u> | <u>Price</u> |
|--------------------------------|-------------|--------------|-----------------------------|-------------|--------------|
| <u>CAT/DOG FOOD ETC</u> | | | | | |
| Bakers Allsorts | 98g | 1.00 | Ped Dentastix Med Dog | 77g | 1.00 |
| Bird Seed | 1 kg | 2.50 | Wagg Complete Beef & Veg | 1kg | 1.49 |
| Butchers Chicken & Tripe | 400g | 0.85 | Whiskas Cat Complete Tuna | 340g | 1.19 |
| Cat Litter | 4 ltr | 1.00 | Whiskas Pouch Fish in Jelly | 12x100g | 3.75 |
| Dreamie Chicken Cat Treat | 60g | 1.25 | Whiskas Salmon in Jelly | 390g | 0.90 |
| Fat Balls | 1 | 1.50 | Winalot Shapes | 800g | 1.89 |
| Pedigree Beef in Gravy | 400g | 0.85 | | | |

CARDS & GIFT BAGS

| | | | | | |
|---------------------------|---|------|---------------------------|---|------|
| Bottle/Medium Gift Bag | 1 | 1.50 | All Occasions Large Cards | 1 | 1.70 |
| Large Gift Bag | 1 | 2.00 | Gift Wrap | 1 | 1.30 |
| All Occasions Small Cards | 1 | 1.20 | Small Gift Bag | 1 | 1.20 |

RACKHAMS -LOGS, COAL, COMPOST & CHARCOAL

| | | | | | |
|-------------------|--------|-------|----------------|--------|------|
| Medium House Coal | 1 | 8.00 | Top Soil | 25 ltr | 2.95 |
| Homefire Oval | 1 | 10.50 | Lump Charcoal | 5 kg | 5.25 |
| Kiln Dred Logs | 1 | 4.50 | Disposable BBQ | 1 | 6.99 |
| Kindling | 1 | 4.50 | | | |
| Compost | 60 ltr | 4.50 | | | |
| Grow Bags | 1 | 2.95 | | | |

CODDENHAM SOUVENIRS-RAILWAY CODDENHAM HIGH STREET ART

| | | | | | |
|-----------|---|------|-----------|---|------|
| Coaster | 1 | 2.50 | Mugs | 1 | 7.00 |
| Cards | 1 | 2.50 | Poster | 1 | 7.00 |
| Postcards | 1 | 0.50 | Tote Bags | 1 | 7.00 |
| Magnets | 1 | 2.50 | | | |

LOCAL SUPPLIERS- HOMEMADE GIFTS AND CRAFTS

Ann Burton Photographic cards, mounted prints and canvas'. Local area photos, plus scenery and animals.
Can be made to order

Crazy Doctor Coddenham made leather. Bags, wallets, belts etc
More items available. Can be made to order

Haggiz Homemade sewn items. Plush toys, hanging decorations, bags, cushions, keyrings, cards
More items available. Can be made to order

Haversack Reusable double handled canvas shopping bags. 5 different designs

Isabel Handmade sewn items. Bags, reusable make up wipes, wreaths, hanging decorations.
More items available. Can be made to order

Shards of Silver Handmade silver jewellery
Can be made to order

Gee and Co Recycled feather wreaths and decorative items

This is an open document. New Items will be added weekly as new stock is available