



NEWS UPDATE

4 NOVEMBER 2020

ISSUE 4

CODDENHAM-PARISH.UK

Following the government's update to Coronavirus guidance and **a new lockdown from 5th November until the 2nd December**, this information is provided for the benefit of the Community by the groups and organisations represented by the Coddendam Community Response Group (CCRG).

Full details can be found at www.coddendam-parish.uk

St Mary's Church

The church will be open on Thursdays from 8.00am until 5.00pm for private prayer. Please follow guidelines by using hand sanitisers on entry and maintaining social distance rules whilst in the church.

Three worship services are available each week via zoom.

- Wednesday 9.00am Morning Prayer
- Friday 6.30pm Evening Prayer
- Sunday 9.30am Morning Worship

The services are easy to access, just email reader.ruthdenigan@gmail.com and she will give you details and the link to join the service. If you would like someone to talk to, to pray for you or those you love please contact **Revd Philip Payne – 01449 711684** revphilippayne@btinternet.com or **Revd Helen Norris – 01449 761867** h.norris1@hotmail.co.uk

The Coddendam Community Shop

The shop will remain open.

Trading hours 8.00am – 4.00pm Monday to Friday, 8.00am – 2.00pm Saturday.

The Post Office will be open on Monday and Friday mornings.

Customer orders can be delivered or collected. To make an order please ring the shop - 01449 760313.

Turnbull's Turkeys are now available for Christmas orders and new Christmas stock is arriving daily – for more information see www.coddendam-parish.uk/community-shop/

The Country Club

Unfortunately, the Country Club will be closed during the Lockdown period. Go to www.coddendam-parish.uk/coddendam-country-club/ For the latest details.

The Coddendam Centre

With effect from 5th November until 2nd December.

Unless otherwise advised, the Coddendam's Centre will be temporarily suspending its activities, with the following exceptions and in line with government guidelines.

Single person or same household hire including the kitchen will be still available, subject to our COVID terms and precautions.

It is understood recreation facilities including the outdoor gym can continue to be made available, subject to the usual precautions and distancing.

Tennis courts and basketball will be closed and CAFC football fixtures are temporarily suspended.

Instructors may offer discretionary 1-2-1 training outdoors and the Centre will be hiring out a limited number of Nordic Walking poles to keep trainees moving!

Please follow www.thecoddendamcentre.co.uk for updates, telephone **07720 206532** or email enquiries@thecoddendamcentre.co.uk

Support for the Community

If you are feeling lonely or would just like a chat the **Telephone Tree** is still available. Contact **Debbie 01449 760429.**

For requests for help use the support email – support@coddendam-parish.uk or phone number **01449 760313**

Suffolk County Council 'Home But Not Alone' service on **0800 876 6926** provides useful information (9am-5pm Monday – Friday)

The Suffolk Advice and Support Service phoneline – 0800 068 3131 can help with debt, benefits, employment or housing worries.

The CCRG will regularly update www.coddendam-parish.uk with news and details of any changes. If you have any comments, suggestions or concerns you'd like to share publicly, please use the form at the foot of each article, or '**Have Your Say**' by going to www.coddendam-parish.uk/community-feedback/

Finally, follow the guidelines, please look out for friends and neighbours and stay well!