#### THE NORTH BOSMERE BENEFICE



Coddenham, Creeting St Mary, Creeting St Peter, Crowfield, Earl Stonham with Stonham Parva, Gosbeck, Hemingstone, Stonham Aspal and Mickfield



We are no longer keeping a record of attendance at services. Therefore there is no need to advise Rev Philip in advance if you are planning to attend a service.

To join a Zoom service: email <a href="mailto:northbosmerebenefice@gmail.com">northbosmerebenefice@gmail.com</a> at least 2 days before the service. Click on the link you receive.

# **THIS SUNDAY 8 August - Trinity 10 (Proper 14)**

Readings: 1 Kings 19. 4-8, Ephesians 4. 25-5.2, John 6. 35, 41-51

9.30am Zoom Morning Worship

11.00am Creeting St Peter Holy Communion BCP

2.00pm Gosbeck Baptism

6.30pm Hemingstone Evening Prayer

Wednesday 11 August 9.00am Zoom Morning Worship

## **NEXT SUNDAY 15 August - Trinity 11 (Proper 15)**

Readings: Proverbs 9. 1-6, Ephesians 5. 15-5.20, John 6. 51-58

9.30am Zoom Morning Worship 11.00am Coddenham Holy Communion

Rector: Revd Philip Payne 01449 711684

revphilippayne@btinternet.com

# READINGS 8 August – Trinity 10 (Proper 14)

## 1 Kings 19:4-8

<sup>4</sup> But he himself went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: 'It is enough; now, O LORD, take away my life, for I am no better than my ancestors.' <sup>5</sup> Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, 'Get up and eat.' <sup>6</sup> He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. <sup>7</sup> The angel of the LORD came a second time, touched him, and said, 'Get up and eat, otherwise the journey will be too much for you.' <sup>8</sup> He got up, and ate and drank; then he went in the strength of that food for forty days and forty nights to Horeb the mount of God.

#### **Ephesians 4:25-5:2**

<sup>25</sup> So then, putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. <sup>26</sup> Be angry but do not sin; do not let the sun go down on your anger, <sup>27</sup> and do not make room for the devil. <sup>28</sup> Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. <sup>29</sup> Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. <sup>30</sup> And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. <sup>31</sup> Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, <sup>32</sup> and be kind to one another, tender-hearted, forgiving one another, as God in Christ has forgiven you. <sup>5</sup> Therefore be imitators of God, as beloved children, <sup>2</sup> and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

#### John 6:41-51

<sup>41</sup> Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.' <sup>42</sup> They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?' <sup>43</sup> Jesus answered them, 'Do not complain among yourselves. <sup>44</sup> No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. <sup>45</sup> It is written in the prophets, "And they shall all be taught by God." Everyone who has heard and learned from the Father comes to me. <sup>46</sup> Not that anyone has seen the Father except the one who is from God; he has seen the Father. <sup>47</sup> Very truly, I tell you, whoever believes has eternal life. <sup>48</sup> I am the bread of life. <sup>49</sup> Your ancestors ate the manna in the wilderness, and they died. <sup>50</sup> This is the bread that comes down from heaven, so that one may eat of it and not die. <sup>51</sup> I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

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EVERY THURSDAY IN AUGUST 10AM - 12NOON

IN THE GARDEN (HOPEFULLY) AT HALLS GARDEN HOUSE, STONHAM ASPAL

EVERYBODY WELCOME - BRING YOUR OWN CHAIR IF YOU LIKE

More information from

elizabethtydeman@gmail.com

## WHAT'S ON

Wednesday 11 August 9.30am Crowfield Village Hall: TEN VILLAGES WALKING GROUP A walk of 3 – 4 miles. More information from Sue on 01449 711906 or <a href="mailto:suehargadon@outlook.com">suehargadon@outlook.com</a>

Saturday 14 August 10am – 12 noon Coddenham Churchyard: Join us for PIMMS to welcome back our monthly COFFEE MORNING, There will also be our usual homemade cakes and freshly brewed coffee.

Sunday 22 August 11am Gosbeck: CHURCH OPEN DAY
Service 11am followed by barbecue and Teddy from the Tower competition.



Bank Holiday Saturday and Sunday 28 & 29 August 10am – 2pm Hemingstone Hut: HEMINGSTONE ARCHIVE 10<sup>th</sup> year, first Open Day(s) Registers, census, maps, wills, family trees, photos & more. Refreshments provided by Coffee Station. More info from <a href="mailto:chriscodd@btinternet.com">chriscodd@btinternet.com</a>

Bank Holiday Weekend 28-30 August 10.30am – 5pm Crowfield: CHURCH FLOWER FESTIVAL Many stalls and refreshments. See 10VN for more information. To help Sue <a href="mailto:suehargadon@outlook.com">suehargadon@outlook.com</a> or 01449 711906

For your event on here or to receive this by email, contact Liz on 01449 711365 or <a href="mailto:lizandjohnince@gmail.com">lizandjohnince@gmail.com</a> by Tuesday