



# Coddenham

Do you want to save money on your bills and reduce your carbon footprint without spending a penny?



We're asking residents to complete this survey to help us understand more about our community's carbon footprint and how we can reduce it. To take the survey, please visit:

[www.surveymonkey.co.uk/r/greensuffolkbefore](http://www.surveymonkey.co.uk/r/greensuffolkbefore)



Or scan the QR Code

## Top Tips:

- Switch all appliances off at the plug
- Use a washing up bowl instead of washing under a running tap
- Turn your thermostat down by one degree
- Turn off lights when not in the room
- Line-dry your clothes in the summer rather than use a tumble dryer
- Only fill a kettle with the water you need

\*Savings based on the average household and households who are on a water meter.

Doing all of these things could save you **£140\*** per year on your energy and water bills!

## Did you know?

The average household carbon footprint in Coddendam is 24.6 tonnes CO<sub>2</sub>e per year. You could save approximately 1 tonne CO<sub>2</sub>e per year just by incorporating energy saving behaviours into your daily routine. That's the equivalent to driving 4,500 miles in the average petrol car or one return flight from London to New York!

## More information

We have developed a series of advice guides to help you use less energy and are available online by visiting: [greensuffolk.org/at-home](https://greensuffolk.org/at-home)

The guides cover no-low cost measures as well as higher cost measures like solar panels and heat pumps so no matter what your circumstances are, there is something you can do.

## Our Community Energy Adviser

If you would like further advice, Sarah is our dedicated advisor. Sarah works for Groundwork East and has a number of years' experience providing energy advice to people. Sarah can be contacted on 07720 098980 or [sarah.gill@groundwork.org.uk](mailto:sarah.gill@groundwork.org.uk)