



THE NORTH BOSMERE BENEFICE

Coddenham, Creeting St Mary,
Creeting St Peter, Crowfield,
Earl Stonham with Stonham Parva, Gosbeck,
Hemingstone, Stonham Aspal and Mickfield.



To join a Zoom service: **email** northbosmerebenefice@gmail.com with your screen name at least 2 days before the service.

SUNDAY 5 February – 3rd Sunday before Lent (Proper 1)

Readings: Isaiah 58. 1-9a [9b-12], I Corinthians 2. 1-12 [13-end],
Matthew 5. 13-20

9.30am	Zoom	Morning Worship
9.30am	Creeting St Peter	Morning Worship
9.30am	Crowfield	Morning Worship
11.00am	Coddenham	Holy Communion
11.00am	Gosbeck	Morning Worship
4.00pm	Hemingstone	Evening Prayer

TUESDAY 7 February

9.00am	Zoom	Morning Prayer
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WEDNESDAY 8 February

10.30am	Earl Stonham	Holy Communion
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NEXT SUNDAY 12 February – 2nd Sunday before Lent (Proper 2)

Readings: Genesis 1.1 - 2.3, I Romans 8. 18-25, Matthew 6. 25-end

9.30am	Zoom	Morning Worship
9.30am	Hemingstone	Holy Communion
9.30am	Stonham Aspal	Worship for All
11.00am	Creeting St Mary	Morning Prayer BCP
11.00am	Earl Stonham	Holy Communion
4.00pm	Gosbeck	Evening Prayer
4.00pm	Stonham Aspal	Evening Prayer

Rector: **Revd Philip Payne 01449 711684**
revphilippayne@btinternet.com

READINGS 5 February – 3rd Sunday before Lent

Isaiah 5. 8:1-12

58 Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. ² Yet day after day they seek me and delight to know my ways, as if they were a nation that practised righteousness and did not forsake the ordinance of their God; they ask of me righteous judgements, they delight to draw near to God. ³ 'Why do we fast, but you do not see? Why humble ourselves, but you do not notice?' Look, you serve your own interest on your fast-day, and oppress all your workers. ⁴ Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. ⁵ Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the LORD? ⁶ Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? ⁷ Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? ⁸ Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the LORD shall be your rearguard. ⁹ Then you shall call, and the LORD will answer; you shall cry for help, and he will say, Here I am.

[If you remove the yoke from among you, the pointing of the finger, the speaking of evil, ¹⁰ if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. ¹¹ The LORD will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. ² Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.]

1 Corinthians 2

2 When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. ² For I decided to know nothing among you except Jesus Christ, and him crucified. ³ And I came to you in weakness and in fear and in much trembling. ⁴ My speech and my proclamation were not with plausible words of wisdom but with a

demonstration of the Spirit and of power, ⁵ so that your faith might rest not on human wisdom but on the power of God. ⁶ Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. ⁷ But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. ⁸ None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. ⁹ But, as it is written, 'What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him'— ¹⁰ these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. ¹¹ For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. ¹² Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. [¹³ And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual. ¹⁴ Those who are unspiritual do not receive the gifts of God's Spirit, for they are foolishness to them, and they are unable to understand them because they are discerned spiritually. ¹⁵ Those who are spiritual discern all things, and they are themselves subject to no one else's scrutiny. ¹⁶ 'For who has known the mind of the Lord so as to instruct him?' But we have the mind of Christ.]

Matthew 5:13-20

¹³ 'You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot. ¹⁴ 'You are the light of the world. A city built on a hill cannot be hidden. ¹⁵ No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. ¹⁶ In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven. ¹⁷ 'Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. ¹⁸ For truly I tell you, until heaven and earth pass away, not one letter,^[a] not one stroke of a letter, will pass from the law until all is accomplished. ¹⁹ Therefore, whoever breaks^[b] one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. ²⁰ For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.

BENEFICE TRIP TO IONA

Our delayed benefice trip to Iona in May, led by Archdeacon David, is approaching fast! There have been some changes over the past two years to those who are coming, and we now find that we have two vacancies. If you or someone you know, might be interested in joining us for what promises to be a fascinating and enjoyable trip, please contact Helen Norris (07789227902) or Debbie McDonnell (07557539834) for further details. Our stay on Iona will be 20-27 May.

WHAT 'S ON

Tuesday 7 February, 12 noon, Gosbeck Village Hall: SPECIAL 19TH BIRTHDAY SERVICE AND SOUP. More information from Judy Hailes, [01449 760375](tel:01449760375).

Every Thursday, 8.45am –11.30am/noon, Stonham Aspal Church: WINTER COFFEE INN. Keep warm this winter. Plenty of food and drink, excellent company, always someone to chat to. Come for a short time, or stay longer. Under fives bring an adult! Everyone welcome!

Thursday 16 February, 10.00am, meet at Hemingstone Hut: TEN VILLAGE WALKING GROUP. Contact suehargadon@outlook.com or 01449 711906 for more details.

Thursdays 9, 16, 23 February, 6pm, Earl Stonham Village Hall: CHRISTIANITY EXPLORED. A relaxed course exploring the life of Jesus. Who is Jesus? What did he achieve? What does it mean for us today? Starting with a warm supper. For more details or to book a place please contact henrystanford@btinternet.com or 01449 711742, or Anne on 07766830977.

Sunday 26 February, 10.30am-12noon, Hemingstone church: LEARN TO CHIME CHURCH BELLS. All welcome.

For your event on here or to receive this by email, contact Liz on 01449 711365 or lizandjohnince@gmail.com by Tuesday