



THE NORTH BOSMERE BENEFICE
Coddenham, Creeting St Mary, Creeting St
Peter, Crowfield, Earl Stonham with
Stonham Parva, Gosbeck, Hemingstone,
Stonham Aspal and Mickfield.



SUNDAY 5 July, Trinity 5 (Proper 9)

Readings: Zechariah 9. 9-12, Romans 7. 15-25a,
Matthew 11. 16-19, 25-end

9.30am	Creeting St Peter	Morning Worship
9.30am	Coddenham	Morning Worship
11.00am	Crowfield	Holy Communion
11.00am	Gosbeck	Morning Worship
6.30pm	Hemingstone	Evening Prayer

Wednesday 8 July

10.30am	Earl Stonham	Holy Communion
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NEXT SUNDAY 12 July, Trinity 6 (Proper 10)

Readings: Isaiah 55. 10-13, Romans 8. 1-11,
Matthew 13. 1-9, 18-23

10.30am	Stonham Aspal	Worship for All
11.00am	Creeting St Mary	Morning Prayer BCP
11.00am	Earl Stonham	Holy Communion
11.00am	Hemingstone	Morning Worship
6.30pm	Stonham Aspal	Evening Prayer

If you would like a visit in hospital or at home, or need any other help,
please contact northbosmerebenefice@gmail.com. For transport to a
service contact Judy Hailes 01449 760375 judithhailes@btinternet.com

READINGS – 5 July, Trinity 5

Zechariah 9. 9-12, Romans 7. 15-25a, Matthew 11. 16-19, 25-end

Zechariah 9:9-12

⁹ Rejoice greatly, O daughter Zion!

Shout aloud, O daughter Jerusalem!

Lo, your king comes to you;

triumphant and victorious is he,

humble and riding on a donkey,

on a colt, the foal of a donkey.

¹⁰ He will cut off the chariot from Ephraim

and the warhorse from Jerusalem;

and the battle-bow shall be cut off,

and he shall command peace to the nations;

his dominion shall be from sea to sea,

and from the River to the ends of the earth.

¹¹ As for you also,

because of the blood of my covenant with you,

I will set your prisoners free from the waterless pit.

¹² Return to your stronghold, O prisoners of hope;

today I declare that I will restore to you double.

Romans 7:15-25

¹⁵ I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. ¹⁶ Now if I do what I do not want, I agree that the law is good. ¹⁷ But in fact it is no longer I that do it, but sin that dwells within me. ¹⁸ For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. ¹⁹ For I do not do the good I want, but the evil I do not want is what I do. ²⁰ Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

²¹ So I find it to be a law that when I want to do what is good, evil lies close at hand. ²² For I delight in the law of God in my inmost self, ²³ but I see in my members another law at war with

the law of my mind, making me captive to the law of sin that dwells in my members. ²⁴ Wretched man that I am! Who will rescue me from this body of death? ²⁵ Thanks be to God through Jesus Christ our Lord!

So then, with my mind I am a slave to the law of God, but with my flesh I am a slave to the law of sin.

Matthew 11:16-19, 25-end

¹⁶ ‘But to what will I compare this generation? It is like children sitting in the market-places and calling to one another,

¹⁷ “We played the flute for you, and you did not dance; we wailed, and you did not mourn.”

¹⁸ For John came neither eating nor drinking, and they say, “He has a demon”; ¹⁹ the Son of Man came eating and drinking, and they say, “Look, a glutton and a drunkard, a friend of tax-collectors and sinners!” Yet wisdom is vindicated by her deeds.’

²⁵ At that time Jesus said, ‘I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; ²⁶ yes, Father, for such was your gracious will. ²⁷ All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

²⁸ ‘Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. ²⁹ Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. ³⁰ For my yoke is easy, and my burden is light.’

WHAT'S ON

Mondays, 10am – 11am, Crowfield Village Hall: COFFEE on MONDAYS. All welcome. Contact nicholasjardine40@gmail.com

Tuesday 7 July, 12 noon, Gosbeck Village Hall; SOUP AND SERVICE on the first and third Tuesday in the month. Contact Judy Hailes 01449760375. Just turn up for food and fellowship.

Tuesday 7 July, at 2pm in the Parish Room.at 2pm, Earl Stonham Parish Room: ECUMENICAL PRAYER MEETING Should you be unable to join us, please let Maggie Podd know of any prayer requests (07939 912080).

Wednesday 8 July, 12noon, Crowfield Churchyard: TEN VILLAGE WALKING GROUP. Contact Sue suehargadon@outlook.com or 07754 611004

Thursdays, 10am-11.30am, Stonham Aspal Church: COMMUNITY COFFEE. Free coffee, tea and biscuits for everyone, and often cake!

Saturday 11 July, 10am-12noon, Creeting St Peter church hall: MONTHLY COFFEE MORNING. Contact jennylhitt@icloud.com for details.

Saturday 18 July, 10.00 - 12 noon, St Mary's church Coddendam: COFFEE MORNING. Come along and sample cakes from around the British Isles along with fresh coffee. We look forward to welcoming you.

Saturday 18 July, Crowfield Recreation Ground: CROWFIELD FETE. Children's fancy dress, Castleton Brass Band, East Suffolk Morris Men, games and races, flower show and competitions. WI Teas, BBQ and Bar. More details in Ten Village News.

Tuesday 21 July, 12 noon, Gosbeck Village Hall; SOUP AND SERVICE on the first and third Tuesday in the month. Contact Judy Hailes 01449760375. Just turn up for food and fellowship.

For your event on here, or to receive this by email or post,
contact Liz: 01449 711365 or northbosmerebenefice@gmail.com